



**INDIGENOUS  
PARTNERSHIP  
FOR AGROBIODIVERSITY  
AND FOOD SOVEREIGNTY**



# NO ONE SHALL BE LEFT BEHIND INITIATIVE

Biodiversity for Food, Nutrition and Energy Security  
for 3000 Households in Meghalaya and Nagaland, North East India

## SEPTEMBER 2020 UPDATES





# SUMMARY

In September, our main focus was on Nutrition and its importance especially in tackling the ongoing COVID-19 pandemic. Awareness campaigns were held across several communities to help community members learn more about the importance to boost their immune systems by eating local healthy foods. Chenxiang R Marak represented NESFAS at an international E-Conference of Rashtriya Poshan Maah 2020 and talked about 'Promotion of indigenous foods with a focus on dietary diversity. To reach more digital audiences, the Mei-Ramew Podcast was launched on Anchor and Spotify under the tagline LOCAL VOICES FOR A GLOBAL AUDIENCE. To enhance local livelihoods, farm diaries were distributed to farmers for all book keeping purposes. Also, towards the end of the month, the Participatory Video training concluded with all five community youths attending a 10-day hands-on training in Shillong for grassroots story documentation.



Children who participated in the Nutrition Campaign, Khweng September 10, 2020; Photo by K Mujai, CF of Khweng

## Commemorating Nutrition Month: Rastriya Poshan Maah September 2020

To enhance the consumption component of the project, many communities focused their activities on nutrition programmes through awareness creation on health, food and nutrition, and kitchen gardens, especially among children.



Children visit Kong R Syiem's kitchen garden, Khweng September 10, 2020; Photo by K Mujai, CF of Khweng



# COMPOSTING FOR SOIL HEALTH



Composting training at Mustem  
September 10, 2020; Photo by C Nongpluh, CF of Mustem

# KITCHEN GARDENS



Awareness training on kitchen gardens for children at Pashang  
September 4, 2020; Photo by T Nongrum, CF of Pashang

# SEED SAVING



Household level seed saving at Mukhap  
September, 2020; Photo by SURE

# AGROECOLOGY LEARNING CIRCLE



Traditional pest management training at  
Mawlum Mawjahksew  
September 29, 2020;  
Photo by B Marwein, CF of Mawlum  
Mawjahksew



Awareness training on kitchen gardens for children at  
Madanrtiang  
September 12, 2020; Photo by K Shadap, CF of Madanrtiang

# SCHOOL GARDEN



School garden fencing work in progress at Nongwah  
September 29, 2020; Photo by S Khasain, CF of  
Nongwah



# NUTRITION CAMPAIGN



Celebration of Nutrition Day at Mawiong  
September 4, 2020  
Photo by A Lyngdoh, SSC



Nutrition Campaign for Children at Pashang  
September 2, 2020; Photo by T Nongrum, CF of Pashang



Nutrition Campaign for Children at Madanrtiang  
September 12, 2020;  
Photo by K Shadap, CF of Madanrtiang

# WASH CAMPAIGN



WASH Campaign at Samanong  
September 24, 2020; Photo by S Bareh, CF of Samanong



Community cleaning drive at Mawhiang  
September 3, 2020;  
Photo by G Kharsyntiew, Community member of Mawhiang

# AGROBIODIVERSITY WALK



Agrobiodiversity Walk at Mulum  
September 4, 2020;  
Photo by: H Lyngdoh, SURE

# 1000 DAYS CAMPAIGN



1000 Days campaign for pregnant women & lactating mothers at Pashang  
September 4, 2020; Photo by T Nongrum, CF of Pashang

CONSUMPTION



## PGS-FARM DIARIES



Distribution of Farm Diaries at Pyngkya  
September 28, 2020; Photo by: S Umsong, CF of Pyngkya



Distribution of Farm Diaries at Plasha  
September 7, 2020; Photo by: B Ingti, CF of Plasha

## SUPPORT TO FOOD PROCESSING

Sourcing and distribution of glass bottles for packaging of local pickles by the Mawlum SHG group



## MEI-RAMEW WEAVES



Training on Eri Silk Production in Khweng,  
September 12, 2020; Photo by: N Nongsiej, FC NESFAS

## BAMBOO INITIATIVE



Products of the Organic Bamboo School, Darechikgre

## FARM ON WHEELS



Farm on Wheels initiative by farmers of Mulum  
September 24, 2020; Photos by: H Lyngdoh, SURE

Farm on Wheels initiative by farmers of Umsawwar  
September 12, 2020; Photos by: D Suting, CF of Umsawwar



## MARKET LINKAGES



Market linkage activation for supply of millets from PGS groups to Samanbha Bakery Shillong.



# ELDERLY PROJECT

*Creating safety rooms for traditional knowledge holders*

**Work in progress**



S Khriam, elderly from Mawpynthymmai community

H Pyngrope of Mawpynthymmai  
Photo by W Kharshiing



S Nongsiej of Mawhiang  
Photo by W Kharshiing

# BEAUTIFICATION OF COMMUNITY HALLS

**Work in progress**  
**Assessment by Architects is ongoing**  
**Filling up of observation report is ongoing**



Assessment meeting at Mustem  
September 5, 2020  
Photo by W Shadap, Mustem

# TRAINING ON NESFAS NUTRI APP

**Trainings and data analysis: ongoing**



Training community members to enter information on the app for monitoring the progress of Dietary Diversity Score.

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1. [Agrobiodiversity Walk helps youths learn about nature's richness](#)
2. [Can Meghalaya feed itself ?](#)
3. [PGS members conduct Berkeley composting training in Mawkma](#)
4. [Reviving an old lost indigenous seed in Garo Hills](#)
5. [Sustainable Endeavours: NEN Field Coordinator helps start Bamboo School in Nagaland](#)
6. [NESFAS associate represents organization at international e-conference](#)
7. [Five community youths learn film-making to document grassroots stories](#)
8. [Pandemic induces importance of seed exchange at communities](#)
9. [Farm on wheels in Laskein C&RD Block Jaintia Hills](#)
10. [Building environmentally sustainable schools](#)
11. [Home Gardens: Pathway to Food Security, Economic Viability and Ecological Sustainability](#)
12. [Fuel to instigate future infrastructure: NESFAS workshop on Partner Think-tank for COVID-19 safety housing for elderly](#)



Former Chief Minister of Meghalaya **Dr. Mukul Sangma** & Editor of The Shillong Times **Patricia Mukhim** mentioned our activities and their impacts in

## The Shillong times

Swipe



We are honoured and proud to have been mentioned on 'Transforming food systems for social equity' article on

## medium.com

Swipe



## Mei-Ramew Podcasts

Launched on:  
September 24, 2020

**LOCAL VOICES FOR A GLOBAL AUDIENCE**



Participatory Video Training Programme  
July to September, 2020; Photo by L Dohling

## CONNECT WITH US



+91 6909 277 310



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[info.nesfas@gmail.com](mailto:info.nesfas@gmail.com)

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[www.nesfas.in](http://www.nesfas.in)

