









## NO ONE SHALL BE LEFT BEHIND INITIATIVE

Biodiversity for Food, Nutrition and Energy Security for 3000 Households in Meghalaya and Nagaland, North East India

## **DECEMBER 2020 UPDATES**

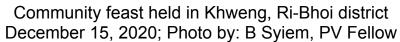


#### SUMMARY

The year 2020 has not been easy for any of us as the COVID-19 pandemic struck the world and had affected everyone tremendously. Despite the challenges, NESFAS and it's partner communities, throughout these tough times, continued to strive on delivering all planned work and activities. As we wrapped up 2020's calendar, December saw a flurry of activities and a couple of auspicious events celebrating our journey with the 130 partner communities and Rural Electrification Corporation Foundation (REC) at Khweng community (Ri-Bhoi district) and a commemoration of our local heroes — the community facilitators. An indigeneous seed fair was also held in Umsawwar community (East Khasi Hills district) wherein nine communities from nearby areas came together to celebrate and exchange indigeneous seeds. NESFAS also published its third podcast episode, a Christmas special, which talks about the collaboration between a Shillong-based confectionery and NESFAS by an indigeneous superfood -- Millet -- locally known as















EP:3 THE MILLET CONNECTION BETWEEN NESFAS & SAMANBHA BAKERY (CHRISTMAS EDITION)



#### **LOCAL VOICES FOR A GLOBAL AUDIENCE**

Mei-Ramew Podcast-3rd episode launched in December 2020

#### BERKELEY COMPOSTING



Pest management at Mulum

December 9, 2020

unit at

Nongkhrah December 4, 2020; Photo by SSC

#### **COMMUNITY GARDENS**



Community members work on a community garden at Mulum December 3, 2020; Photo by SURE

#### **SEED DISPLAY**



Seed display during a bio-festival held in Thetsumi community December 15, 2020; Photo by NEN

#### KITCHEN GARDEN





A community member works on her kitchen garden at Nongpriang December 21, 2020; Photo by NESFAS

#### **NUTRITION CAMPAIGN**



Nutrition campaign held in Nongwah December 4, 2020; Photo by NESFAS



Nutrition campaign held at Rongsahep community December 12, 2020; Photo by A Lyngdoh, PV Fellow, SSC



#### **WASH CAMPAIGN**



#### **CLEANING DRIVE**



Children take part in a cleaning drive in Nongkhroh December 12, 2020; Photo by F. Pohleng, SURE



December 12, 2020; Photo by SURE

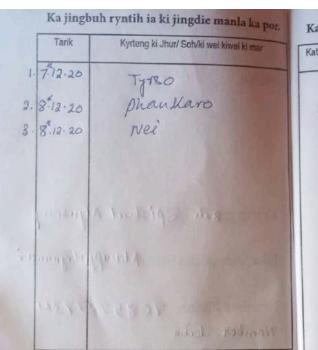
#### **FARM ON WHEELS**



	Manu
	138844 M

Farm on Wheels initiative in Khapmaw December 15, 2020; Photo by NESFAS

#### **PGS FARM DIARY**



Katno (Tylli/Song/ Khum/Kilo)	Dor 1 wei/l Kg/1 Song/1 Khum		Ka Dor pisa baroh
3 Kh	RS	151	Rs 45
30 kg	Rs	301-	Rs 900
30 Ug	RS	300/-	k 600
			LA ST
			of the later
			1 11/1

Farm dairies record by Mawpynthymmai PGS group December 10, 2020; Photo by B Chyne, NESFAS

#### **MEI-RAMEW WEAVES**

December 15, 2020; Photo by SURE

Trainees who took part in the Eri Weaves workshop held in Khweng December 4, 2020; Photo by A Tariang, NESFAS

#### FOOD PROCESSING & VALUE ADDITION TRAINING



Squash juice made by the trainees during the workshop December 9, 2020; Photo by R Mawlieh, NESFAS



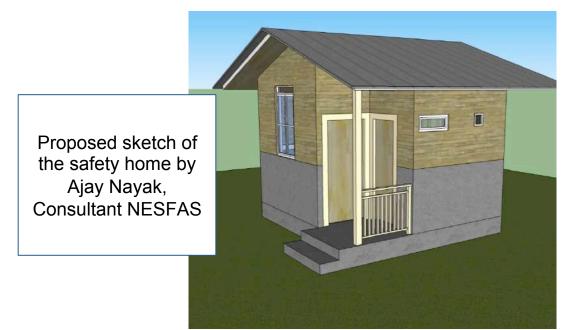
Trainer Silda Thabah (extreme left) along with Nangkyrsoi SHG members December 9, 2020; Photo by R Mawlieh, NESFAS

#### **ELDERLY PROJECT**

# Creating safety rooms for traditional knowledge holders

Mrs. P Klein's safety home which is complete in Plasha December, 2020; Photo by S Taro, PV Fellow





Community members of Mawpynthymmai gathering materials for the housing construction.

December 9, 2020; Photo by NESFAS



Mrs. Ioril Nongsiej working on her kitchen garden outside the safety home in Mawhiang December, 2020; Photo by I Kharsyntiew, NESFAS



#### TRAINING ON NESFAS NUTRI APP

# Trainings and data analysis: ongoing



Training community members to enter information on the app for monitoring the progress of Dietary Diversity Score.

## **COMMUNICATIONS** Stories from the

- 1. COVID 19-oni Tangrikani: NESFAS Advisor-ni Talatani
- 2. Mei-Ramew Cafe inaugurated in Cham Cham (East Jaintia Hills)
- 3. Eri-Weaves training concludes in Khweng (Ri-Bhoi District)
- 4. Waste to Wealth: Beekeeper turns organic waste into extra income
- 5. NESFAS-REC celebrates journey with 130 communities in Khweng Ri-Bhoi
- 6. 9 communities showcase indigenous seeds at seed fair in **Umsawwar**
- 7. <u>Bamboo School: Uplifting the livelihoods of local traditional</u> artisans in Darichikgre
- 8. Research team represents NESFAS at 2-week global Climate Change webinar
- 9. Mukhap community wins indigenous cooking competition
- 10.A hopeful indigenous Christmas message from NESFAS chairman



### GOOSEBERRY JUICE

(Sohmylleng)







## World Soil Day



Keep soil alive, protect soil biodiversity



The Millet connection between NESFAS & Samanbha Bakery



#### **LOCAL VOICES FOR A GLOBAL AUDIENCE**

Information, Education & Communication Materials **Podcasts** Social Media

#### **CONNECT WITH US**















**READ MORE AT** 





